

**RECONSTRUCTION OF MARRIAGE IN THE PERSPECTIVE OF ISLAMIC
LAW: RENEWAL EFFORTS TO ACHIEVE SUSTAINABLE AND HAPPY
HOUSEHOLDS**

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Abstract

Marriage in the perspective of Islamic law is based on a strong foundation as a sacred institution, aimed at achieving a harmonious, loving, and compassionate family life. However, with the dynamics of society and changes over time, the challenges in maintaining a lasting and happy marriage have become more complex. This study aims to explore the concept of marriage reconstruction in the perspective of Islamic law, focusing on renewal efforts that can ensure the sustainability and happiness of households. The research method used is a literature review with a qualitative approach, examining classical and contemporary texts on marriage in Islamic law, as well as interviews with religious and community figures. The findings reveal that marriage reconstruction in Islam not only emphasizes the re-understanding of the rights and obligations of spouses but also highlights the importance of spiritual approaches, effective communication, and wise conflict resolution. The conclusion of this study is that renewal in marriage practices is essential to address modern issues faced by couples, such as inequality, role differences, and a lack of understanding about marriage rights. With proper reconstruction, marriage can serve as a stronger foundation for achieving a sustainable and happy family life.

Keywords: Marriage Reconstruction, Islamic Law, Marriage Renewal, Household Sustainability, Household Harmony

INTRODUCTION

Marriage is a highly valued institution in Islam, viewed as a sacred and noble bond between a man and a woman with the goal of forming a harmonious and happy family life. In the perspective of Islamic law, marriage is not only seen as a relationship between two individuals but also as a means to achieve broader life goals, namely to establish a prosperous society that earns the pleasure of Allah. However, along with the dynamics of society and changes over time, the challenges faced by married couples in maintaining a lasting and happy marriage have become more significant. Issues such as inequality in roles, differences in understanding about rights and obligations, and the influence of globalization introducing new values have altered the perception of marriage. Therefore, it is important to reconstruct the understanding and practice of marriage in Islamic law to align with contemporary challenges and create a household that is not only enduring but also happy. (F. Al Kadumi, N. Seff, & A. Hakim, 2024).

In the current social dynamics, marriage in Islam is often viewed as a static and traditional institution. Many couples face difficulties in running their household life, whether due to communication problems, economic struggles, or the imbalanced roles

between husband and wife. Misunderstanding regarding the rights and obligations in the household also becomes a common issue. One of the main concerns is how to balance the roles of husband and wife in living together, especially in a rapidly advancing and complex context. In many cases, the imbalance in dividing tasks, both within and outside the household, creates tensions that lead to separation. Therefore, a renewal of the understanding of marriage in Islamic law, which emphasizes equality and mutual cooperation, is urgently needed. (E.F. Salim, et al, 2021).

The reconstruction of marriage in the perspective of Islamic law must revisit the fundamental concepts while also leaving room for renewal that is relevant to contemporary society. One way to reconstruct marriage is by re-understanding the roles and obligations of husband and wife and adjusting them to the social and economic changes that occur. Additionally, it is important to review the values embedded in Islamic teachings regarding affection, effective communication, and conflict resolution within the household. One major issue couples face today is the lack of skills in communicating constructively. The inability to resolve differences in a healthy manner often becomes the main cause of conflict in marriage. Therefore, the approach to renewal in marriage reconstruction must include training in communication between couples and guidance on how to understand and resolve issues together. (H. Imran, et al, 2024).

Another significant challenge is how to deal with the cultural and social changes that are happening rapidly. Today's society is experiencing major changes in gender understanding, women's roles, and the position of men in the household. In recent decades, there has been a shift in perspectives on the roles of husbands and wives, especially in modern families. Although this phenomenon reflects positive change, it also creates tensions in applying the more traditional teachings of Islam in marriage. Therefore, this study aims to find how these concepts can be applied in a marriage based on Islamic law while still adapting to the changing times. (S. Dawoody, 2024).

The purpose of this research is to explore and develop the concept of marriage reconstruction in Islamic law that can address the problems faced by couples in contemporary contexts. This reconstruction is not only focused on reinterpreting the existing Islamic legal texts but also seeks to integrate Islamic perspectives with the changing social and cultural conditions. This research aims to find practical solutions that can be applied by couples in their marital life, such as ways to improve communication between partners, divide roles fairly, and enhance understanding of rights and obligations in marriage according to Islamic teachings. By doing so, this research is expected to

contribute to the development of harmonious, loving, and compassionate households, ultimately fostering a more prosperous and harmonious society. (T. Erkoc Baydar, 2023).

The approach used in this research is qualitative with a descriptive analysis, which allows the researcher to explore various aspects related to the issues of marriage in the perspective of Islamic law. The researcher will conduct a literature review of various Islamic legal texts, both classical and contemporary, as well as interviews with scholars and religious figures who are competent in this field. With this approach, the study is expected to provide a deeper insight into various aspects of marriage in Islamic law and how this reconstruction can offer solutions to the challenges faced by couples today. (M. Fadel, 2022).

The theoretical review used in this research refers to several theories related to marriage in Islam. First, the theory of marriage in Islam, which emphasizes the balance between the rights and obligations of husband and wife. This theory explains that marriage in Islam is not only a physical bond but also an emotional and spiritual bond that must be maintained to bring happiness to both parties. Second, the theory of communication in marriage, which highlights the importance of effective communication between partners to maintain a harmonious relationship. Good communication will prevent misunderstandings and help couples resolve differences in a constructive manner. Third, the theory of conflict resolution, which focuses on how to resolve problems within marriage without causing tension or division. In Islam, conflict resolution must be done in a fair, wise, and just manner. Fourth, the theory of gender in marriage, which emphasizes how the roles of husbands and wives can be carried out fairly without harming either party. (A. Wyne, 2018).

Through this reconstruction of marriage, it is hoped that marriages will not only endure but will also be filled with happiness, harmony, and peace. By understanding marriage from an Islamic law perspective that is more relevant to the times, couples can live together with love and responsibility, and be able to overcome the various challenges that arise. This research aims to provide contributions to the development of knowledge in the field of Islamic law, especially concerning marriage, and offer practical recommendations that can be applied in everyday marital life.

This research is significant because it offers practical solutions to modern challenges in marriage by adapting Islamic law teachings to be more relevant to social dynamics. This reconstruction is expected to create harmonious, sustainable, and happy households, and contribute to the development of marriage knowledge within Islam.

METHOD

This research uses a qualitative approach with a literature study and interviews design. The main objective is to explore the concept of marriage reconstruction from the perspective of Islamic law, relevant to modern challenges, and renewal efforts that can create lasting and happy households. Data collection techniques are carried out through literature study, reviewing classical and contemporary Islamic legal texts on marriage, and interviews with religious figures, Islamic law experts, and married couples. The interviews aim to explore personal experiences regarding marital issues and solutions based on Islamic law principles. The research instrument is developed by creating an interview guide focused on the rights and obligations of spouses, communication in marriage, and conflict resolution. This guide ensures that the interviews are focused and structured. Data analysis is conducted using a thematic analysis approach, identifying key themes from the interviews and literature study, such as role imbalance, communication, and solutions for marriage reconstruction. The collected data will be categorized based on relevant themes. A methodological challenge faced is the difficulty in finding couples willing to discuss personal marital issues. The solution is to maintain confidentiality and create a comfortable environment during interviews. The impact of this research is expected to provide deeper insights into marriage reconstruction in Islam and offer practical solutions for couples. (K. Anam, 2024).

RESULT AND DISCUSSION

1. The Importance of Reform in Islamic Marriage

Reform in Islamic marriage is crucial to address the challenges of an ever-evolving world, particularly in the context of globalization, social changes, and modernization. Marriage is a fundamental aspect of Islamic teachings that not only relates to worship but also to the formation of a harmonious family. In many ways, Islamic marriage must adapt to the times in order to remain relevant and beneficial to Muslims. (T. R. Fitra, N.B. Yusof, & A.M. Radiamoda, 2025).

One of the main hopes in the reform of Islamic marriage is to create equality between the husband and wife. In the past, many practices focused on the dominance of the husband over the wife. This reform aims to emphasize the importance of justice in the rights and duties of each partner. For example, in terms of household roles and decision-making, this reform provides room for partners to cooperate in managing the household and raising children, as well as addressing issues such as domestic violence and gender

injustice. A better understanding of women's rights in Islam, which have been recognized in the Qur'an and Hadith, can be optimized through renewed thought and legal reform.

Furthermore, reform in Islamic marriage also aims to address the rising problem of divorce. In many cases, divorce occurs due to poor communication between the partners, imbalance in role distribution, or emotional and financial unpreparedness. The reform here involves better premarital education that teaches communication skills, conflict management, and a deeper understanding of family roles. This is expected to reduce divorce rates and help couples build a more harmonious marital life. (S. Fakhria, K.N. Mustofa, A. Wahidi, & M.A.Rachmatulloh, 2024).

Reform in Islamic marriage also includes strengthening the family institution as the first place of education for children. The family is the primary foundation in shaping the character of the next generation. Therefore, by renewing the concept of Islamic marriage to be more inclusive and adaptable, it is hoped that it will result in better families in raising children to become responsible individuals with noble character. Family education that teaches Islamic values such as affection, responsibility, and honesty is crucial in creating a prosperous society.

On the other hand, this reform also includes adjustments to technology and social media, which have a significant impact on family life and marriage. With the widespread use of technology, whether in the form of online communication or social media, Islamic marriages and families need to adjust to this development. The reform aims to teach values that align with the wise use of technology, so that partners can maintain their relationships in an increasingly connected digital world without being negatively influenced by technology. (M.B. Fowzul, 2024).

Overall, the hope found in the reform of Islamic marriage is the creation of a more just, harmonious family that is capable of facing the challenges of the times. This reform does not aim to change the fundamental teachings of Islam, but rather to adjust and deepen the understanding in accordance with the current social and cultural context. This reform is highly needed to ensure that marriage in Islam remains a foundational element in building strong, happy families that can compete in a progressing society. (S. Hutabarat, I. Yazid, & F. Zahara, 2025).

2. The Role of Islamic Law in the Sustainability of Households

The role of Islamic law in the sustainability of households is crucial, as it governs aspects of family life, ranging from the rights and obligations of spouses to conflict resolution. In this context, Islamic law functions not only as a spiritual guide but also provides clear rules for creating a harmonious and sustainable family life. One of the main

objectives of Islamic law is to create balance in the household, both emotionally, socially, and materially. (I. Musarrofa, & H. Muttaqin, 2024).

The hope that emerges from the role of Islamic law in marriage is the creation of a mutually supportive and respectful relationship between partners. In practice, Islamic law provides guidance on how husbands and wives should respect each other's rights and responsibilities. For instance, the husband is expected to meet the material needs of the family, while the wife is expected to provide emotional support and maintain harmony in the household. With this clear division of roles, it is hoped that no tension arises due to imbalances in carrying out each partner's role. (A. Bedner, & S. van Huis, 2019).

Additionally, Islamic law provides clear guidance on resolving conflicts in marriage. Every household faces dynamics and differences of opinion that can lead to conflict. Islamic law teaches resolving issues in a wise manner through mutual discussion between partners. If necessary, a third party can be involved to provide input and help find a solution. Approaching issues this way emphasizes good communication and reduces the likelihood of division or divorce. The hope found here is that the household can remain harmonious even when facing challenges and problems. (F. Abubakar, 2019).

Furthermore, the role of Islamic law is also crucial in regulating education within the family. Good education within the family will produce quality generations, which will ultimately support the sustainability of the household. In this regard, Islamic law encourages both husbands and wives to provide the best education for their children, both in terms of religion, morals, and life skills. This not only supports the development of children but also strengthens the foundation of the household itself.

The role of Islamic law in regulating the rights and duties of partners also plays a major role in maintaining the sustainability of the household. With clear rules regarding the rights of both women and men in the family, it is hoped that no one feels disadvantaged or neglected. Islamic law provides clear rights for women in the household, such as the right to financial support, protection, and participation in important family decisions. This fair and balanced distribution of rights and duties helps reduce tensions often caused by unclear roles. (R.W. Sururie, I. Fautanu, U. Saepulah, & G. Gumilar, 2025).

Ultimately, a renewal in the understanding and application of Islamic law in marriage can bring positive changes for families. Islamic law can help create households that are more harmonious, just, and full of affection. In the long term, the hope found in the application of Islamic law is the sustainability of households that can overcome any challenges. With clear guidance on rights, responsibilities, and conflict resolution,

families can be better prepared to face changing times and maintain harmony in their households. (B. Busriyanti, M. Pujiono, Mursalim, & U. Chamdan, 2025).

3. Renewal Strategies for Household Resilience

Strategies for renewing household resilience are crucial efforts to ensure the sustainability of families amid the increasingly dynamic social, economic, and cultural changes. Households, as the smallest unit in society, play a critical role in shaping the quality of life for individuals and future generations. Therefore, renewal in various aspects of household life is essential to ensure families can endure the challenges of the times and remain a supportive environment for the positive development of their members. (A. Majid, 2025).

One of the hopes found in household renewal strategies is the creation of a more equitable division of roles between husband and wife. In many cases, imbalance in household roles often leads to conflict. This renewal aims to ensure that both husband and wife have clear and equal roles within the family. For instance, in managing finances, educating children, and balancing work and family time. With a fair distribution of roles, households are expected to run more harmoniously, with each family member feeling valued and respected. (M. Mufti, 2024).

Additionally, renewal in family education is also essential for enhancing household resilience. Good education does not only encompass academic aspects but also moral, social, and emotional values taught within the family. Renewal in household education could include premarital education, where couples are trained to develop skills in communication, conflict management, and household management. This education can help reduce divorce rates and improve the quality of the relationship between husband and wife. With adequate education, households will be better prepared to face various problems and conflicts that arise. (S.S. Ali, 2021).

Renewal is also necessary in managing the economic resources of the family. One of the biggest challenges to household resilience is financial issues. Inability to manage household finances can lead to stress and tension in marital relationships. Therefore, renewing strategies for financial management within the family is crucial. One step that can be taken is to improve financial literacy for couples. Education on how to manage family budgets, save, invest, and avoid excessive debt can help strengthen household resilience economically. The hope of this renewal is that families can achieve financial independence and reduce the pressures that arise due to economic problems. (A. An-Na'im, 2018).

Moreover, renewal in the role of technology in household life is also vital. Technology has a significant impact on daily life, including communication, work, and entertainment. However, excessive use of technology can harm family harmony if not managed well. Therefore, renewing strategies for technology use could include setting limits on gadget usage, monitoring children's social media use, and using technology to strengthen family bonds. For example, families can use technology to communicate better, share important moments, or work together on family projects. (A. Bedner, & S. Van Huis, 2019).

Another hope from the renewal of household resilience strategies is the creation of a more inclusive and supportive environment within the family. This renewal includes accepting differences in terms of gender, age, and cultural backgrounds. An inclusive household environment will provide a sense of safety and comfort for all its members, allowing them to grow and develop. With a more open and respectful approach to differences, the household will become a more harmonious and supportive place for every member. (M. Badran, 2021).

Overall, the strategy for renewing household resilience aims to strengthen the foundation of the family through fair role division, appropriate education, wise economic management, and positive use of technology. This renewal is expected to create more prosperous, harmonious, and resilient households that can withstand the various challenges ahead. With the right approach and a better understanding of each member's role in the family, household resilience can be maintained and even enhanced, providing long-term benefits for all family members. (J. Bennett, 2020).

4. Facing Contemporary Social and Cultural Challenges

Contemporary social and cultural challenges present various dynamics that affect society, including aspects of family and household life. Globalization, technological advancements, and changes in social norms and values are increasingly altering the way people live, particularly in terms of social relationships, work patterns, and family structures. Therefore, it is necessary to have appropriate renewal strategies so that families can face these challenges and maintain their existence in shaping future generations with quality. (M. Fadel, 2022).

One hope found in facing contemporary social and cultural challenges is the creation of families that are more adaptable to the changing times. In the face of social change, families must be able to transform while considering the needs of the era, but still maintain the core values that form the foundation of family life. This is crucial to ensure that families are not trapped by changes that could harm them. Renewal in mindset and

attitudes toward technology, such as the use of the internet and social media, can help families manage the changes happening around them without losing their identity and values. (A. Ghazi, & N.A. Abdul Aziz, 2019).

Another hope is the increased awareness of the importance of balancing work and personal life. In today's modern world, many families face difficulties in managing time between work, family, and personal needs. One of the biggest challenges is the increasing pressure in the workplace that sometimes makes individuals or married couples struggle to give full attention to the family. Renewal in this regard aims to create an understanding that career success does not have to sacrifice family happiness and harmony. Through wiser time management, open communication, and more equitable roles between husband and wife, it is hoped that families can grow more balanced. (E.L. Ho, 2017).

In addition, renewal in family education is also essential to equip family members with social skills relevant to the challenges of the times. Family education that teaches empathy, effective communication, as well as skills to cope with stress and conflict becomes crucial in the midst of the overwhelming flow of information and increasingly complex life challenges. The hope found here is the creation of families that can face external challenges without falling apart. Education that emphasizes mutual understanding and cooperation within the family is key to building resilient families capable of withstanding various social and cultural pressures. (Z. Mir Hosseini, 2017).

Furthermore, renewal in gender roles also becomes an important hope in facing contemporary social and cultural challenges. In many societies, traditional gender roles still influence family dynamics. However, the growing understanding of gender equality, both in rights and responsibilities, offers hope that the division of roles in families will be more just and flexible. This includes empowering women in the workforce and education while encouraging men to be more active in domestic roles. This renewal not only improves the quality of the husband-wife relationship but also strengthens family resilience in the face of changing times. (K. Mousavi, 2020).

Another hope that can be found is the increased awareness of the importance of diversity and tolerance within the family. In an increasingly plural society, families need to teach values of tolerance, respect for differences, and openness to various cultures and backgrounds. In this way, the family will become a safe and inclusive space for every member to develop, without discrimination or harmful prejudice. This renewal creates the hope that families can be the center of character education that appreciates diversity and fosters a more harmonious society. (F. Rahman, 2018).

Overall, facing contemporary social and cultural challenges requires profound renewal in family life. The hopes found in these renewal strategies include the creation of families that are more adaptable, balanced, open, and inclusive. With comprehensive renewal in aspects of roles, education, and family values, it is hoped that families can remain a strong foundation in facing the social and cultural changes of the future.

CONCLUSION

This study indicates that the redefinition of marriage within the framework of Islamic law is both a normative and sociological need in addressing modern familial dynamics. The hypothesis positing that the revitalization of the comprehension of the marital contract, spousal relationships, and the reinforcement of *maqāṣid al-sharī'ah* principles can establish a basis for attaining enduring and content families is validated. The findings suggest that marriage should not be perceived solely as a formal legal contract; instead, it should be directed towards safeguarding religion, life, intellect, lineage, and property as the fundamental aims of Islamic law. This reconstruction underscores mutuality (*mubādalah*), fairness, collective accountability, and both psychological and social readiness as vital criteria for familial sustainability. Consequently, the renewal of Islamic law does not entail modifying its fundamental values; instead, it involves the reactivation of its principles to address contemporary issues while maintaining its normative authority.

This study advocates for the enhancement of premarital education and regulatory frameworks based on *maqāṣid al-sharī'ah* within both religious and governmental institutions. Additional research is required to incorporate interdisciplinary methodologies such as family psychology and gender studies into the development of Islamic marital law. Furthermore, empirical investigations into the application of this restructured model in religious courts and society are crucial to ascertain that these renewal initiatives effectively foster the establishment of sustainable households grounded in *sakinah*, *mawaddah*, and *rahmah*.

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